



Event Reports

Report provided Mick Edwards

England athletics masters indoor inter-area challenge

On Sunday March 1st I competed in my first indoor competition at the Lea Valley athletics centre representing Midland Masters in the England athletics masters indoor inter-area challenge, which is an annual event with six areas competing; Welsh, Southern Counties, Eastern Vets, South West Vets, Veterans AC and Midland Masters.

Midland Masters were able to field a strong group of over 50 athletes, which resulted in obtaining a lot of 1st, 2nd and 3rd place finishes which resulted in them winning both the mens and ladies competitions. Therefore being the overall champions and winning all three trophies for the very first time. I was selected for the M60 age group to compete in the shot, long jump and the high jump, and I played a small part in obtaining 11 points overall finishing 4th in the shot and 3rd in the long and high jump. I enjoyed a really good day of athletics with plenty of support from our group of athletes and if asked to compete again I would be pleased to do so.

There is also an inter-area challenge in the summer outdoors; anyone that is a member of Midland Masters and competes in the track and field league or the area championships would stand a chance of being selected.

Report provided by Martin Millicheap
British Masters Athletic Championships 2019

On a blustery weekend of 10 & 11th August three Sparkhill Harriers made history. **Gill Millicheap, Mick Edwards and Graham Roberts** all became British Masters Champions.



Gill won Gold in the W70 100m in 19.67 seconds, following up with silver in the W70 200m in 40.99 seconds.

Mick Edwards ran 1500m M70 coming 5th in 7.0 minutes then winning gold in the M70 high jump clearing 1.2metres, equalling his best jump of the year.

Graham Roberts, what can you say about him?! He won gold in the M85 hammer with 17.31m and following up with gold in the M85 weight with 7.33m.

Lads and lasses over 35 yrs of age, please get involved with Vets athletic. With the success of these three we could do even better. If you are interested, please speak to Hilary Mann or Daren Riley.



Report provided by Martin Millicheap
Midland Masters Championship, Nuneaton

On a bright and breezy Sunday 9 June, Gill Millicheap and Graham Roberts competed in the Midland Masters Championship at Nuneaton.

Gill came second in the VW70 100m sprint in a time of 18.68 seconds. This was Gill's best result for two years, which puts her 5th in the UK rankings and earned her a Silver medal.

Gill topped this with a Gold medal, winning the 200m sprint in 41.32 seconds. Gill did a time of 40.7 seconds four days previously and is ranked 2nd in the UK at present.

Graham meanwhile won Gold in the VM85 Hammer with a throw of 18.32m, and in the Shot with a throw of 4.89.

Graham is ranked 2nd in the UK for Shot and Hammer in VM85.

