



Event Reports

Report provided by Martin Millicheap **British Masters Athletic Championships 2019**

On a blustery weekend of 10 & 11th August three Sparkhill Harriers made history. **Gill Millicheap, Mick Edwards and Graham Roberts** all became British Masters Champions.



Gill won Gold in the W70 100m in 19.67 seconds, following up with silver in the W70 200m in 40.99 seconds.

Mick Edwards ran 1500m M70 coming 5th in 7.0 minutes then winning gold in the M70 high jump clearing 1.2metres, equalling his best jump of the year.

Graham Roberts, what can you say about him?! He won gold in the M85 hammer with 17.31m and following up with gold in the M85 weight with 7.33m.

Lads and lasses over 35 yrs of age, please get involved with Vets athletic. With the success of these three we could do even better. If you are interested, please speak to Hilary Mann or Daren Riley.



Report provided by Martin Millicheap
Midland Masters Championship, Nuneaton

On a bright and breezy Sunday 9 June, Gill Millicheap and Graham Roberts competed in the Midland Masters Championship at Nuneaton.

Gill came second in the VW70 100m sprint in a time of 18.68 seconds. This was Gill's best result for two years, which puts her 5th in the UK rankings and earned her a Silver medal.

Gill topped this with a Gold medal, winning the 200m sprint in 41.32 seconds. Gill did a time of 40.7 seconds four days previously and is ranked 2nd in the UK at present.

Graham meanwhile won Gold in the VM85 Hammer with a throw of 18.32m, and in the Shot with a throw of 4.89.

Graham is ranked 2nd in the UK for Shot and Hammer in VM85.

