



Junior training

Training takes place every Tuesday and Thursday evening at Fox Hollies athletics track from 7:00pm until approximately 8:30pm. If there is no racing, distance runners train at Swanshurst Park on Sunday from 10:30am to approximately 11:30am.

The first training evening is free and thereafter there is a £1.00 charge per session. Fine out how to become a Club Member in the 'Membership'.

Competing: During the winter season our junior athletes compete in the West Midland Young Athletes Cross-Country League, and during the summer they compete in the Heart of England Athletics League. Juniors can also take part in the Warwickshire, Midland and National Cross-Country Championships, as well as the Midland and National Cross-Country relays. In addition, athletes are encouraged to take part in other track and field meetings during the summer season.

Junior contacts:

Coaching - Dave Reed

Cross country competitions - Nick Stringer

Track & Field competitions – Rob Mills

Membership - Hilary Mann

Safeguarding and welfare – Rob Mills